



The Oaks

TREATMENTS & SPA DAYS



SKIN TRUFFLE

TOTAL FACIAL RADIANCE
with pure gold, turmeric & diamonds

BODY TRUFFLE

TOTAL BODY RADIANCE
with rose quartz, cashmere & black truffles



TEMPLESPA

EYE TRUFFLE

COMPLETE
EYE REJUVENATION
with black truffles, sapphires
& champagne

e 15 mL / 0.5 fl.oz.



TEMPLESPA

TRUFFLELIXIR

SUPER LUXE SERUM
with rainier, black orchid
& silk peptides

e 30 mL / 1 fl.oz.

TRUFFLE NOIR

24-HOUR SKIN REJUVENAT
with black truffles, platinum & peptides

TRUFFLESQUE

ULTRA HYDRATION & RADIANCE MASQUE
with gold, black truffles & Hydra-plump complex

VIP TRUFFLE TREATMENTS

All treatments on this page include a glass of prosecco & chocolate truffle in our relaxation room after your treatment.

Champagne & Truffles Deluxe Treatment

The Crème de la Crème of Radiance Facials – 60 / 90 minutes - £70/£90

This luxury facial combines our award winning truffle formulas with a deep double cleansing ritual, a glycolic resurfacing peel, a skin de-stressing alginate mask & cold stone therapy followed by a unique skin lifting & muscle firming massage. The visible result is ironed out deep lines & wrinkles, firmer feeling & toned skin, reduced puffiness & youthful radiance with a supreme healthy glow.

VIP Golden Truffle Experience

Luxe Top to Toe Face & Body Treatment – 120 minutes - £150

The ultimate in total luxury. This treatment delivers all over radiance boosting results starting with a leg energiser & an invigorating full body scrub followed by a relaxing massage using our unique advanced anti-ageing body techniques, both tightening & toning. Add to this our Champagne & Truffles Deluxe Facial & Skin is left glowing, brighter & revived beyond expectation.

Cashmere & Truffles Body Treatment

Total Body Rejuvenation – 60 minutes - £80

This indulgent treatment combines an invigorating, radiance boosting body exfoliation followed by a skin transforming treat with our luxurious TRUFFLE BODY MASSAGE OIL & a layer of our award winning BODY TRUFFLE Crème. Skin is left feeling cashmere soft & revived, beautifully fragrant & ready for the red carpet.

Rose Quartz & Truffles Body Massage

Total Body Relaxation – 60/90 minutes - £80/£120

This indulgent treatment will leave you feeling totally relaxed from top to toe with our skin transforming massage using our unique TRUFFLE BODY MASSAGE OIL. Skin is left feeling restored & radiant & you, oh so relaxed!

SPA DAYS

All Spa Days include tea, coffee & biscuits on arrival, robe, towel, slippers, shampoo & conditioner in your locker, one course lunch & use of all downstairs Spa Facilities.

Lazy Sunday Sundays Only 10am to 4pm - £45

Does not include treatment but lunch is upgraded to a 3 course Sunday Lunch.

Morning Chill Out 9.30am to 1.30pm - £60

Includes a 30 minute treatment – choice of Power Breakfast Facial, Tranquillity Head Massage, Windows of the Soul Eye Treatment, File & Polish Manicure or Pedicure or Indulgent Foot Ritual.

Afternoon Escape 1.30pm to 5.30pm - £60

Includes a 30 minute treatment – choice of Power Breakfast Facial, Tranquillity Head Massage, Windows of the Soul Eye Treatment, File & Polish Manicure or Pedicure or Indulgent Foot Ritual.

Twilight Indulgence 3.30pm to 8.30pm (Tuesday to Friday) £60

Includes a 30 minute treatment – choice of Drift Away Back Massage, File & Polish Manicure or Pedicure or Hot Oil Scalp Sensation.

The Oaks Oasis 9.30am to 5.30pm - £80

Includes a 60 minute treatment - Give yourself a treat with this beautifully nurturing therapy that will leave you feeling comforted and peaceful. We commence with our truly wonderful back, neck and shoulder massage to relieve stress and tension followed by our conditioning foot ritual where we exfoliate and treat the feet. Finally, a taster facial finishes off your hours Oasis!

Bespoke To You 9.30am to 5.30pm - £90

Includes a 60 minute treatment - My Kinda Skin Bespoke Prescription Facial or Mediterranean Work It Out Massage. Undecided? Why not go half and half.

The Mediterranean Float 9.30am to 5.30pm - £110

Includes a 90 minute treatment - Packed with delicious ingredients this double deluxe all over treatment will leave you looking and feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with the iconic Mediterranean body scrub, prior to a full body moisturise in one of our signature Mediterranean Body Balms to soften and hydrate. Your rejuvenating facial contains Temple Spa's unique Mediterranean marinade.

A Brush with Heaven 9.30am to 5.30pm - £110

Includes a 90 minute treatment - Imagine the sensation from a sequence of brushes in varying sizes and textures being used from top to toe to massage, stimulate, drain toxins and smooth on delicious preparations to the face and body. Once lavished in rich warm body oil, you will be cocooned then treated to the exclusive Temple Spa facial treatment. Carried out entirely with brushes, this really is a unique treatment.

Champagne & Truffles 9.30am to 5.30pm - £130

Includes a 90 minute treatment - This luxury facial combines our award winning truffle formulas with a deep double cleansing ritual, a glycolic resurfacing peel, a skin de-stressing alginate mask & cold stone therapy followed by a unique skin lifting & muscle firming massage. The visible result is ironed out deep lines & wrinkles, firmer feeling & toned skin, reduced puffiness & youthful radiance with a supreme healthy glow.

Design Your Own Day 9.30am to 5.30pm

Can't decide? Spend over £100 on treatments per guest & gain access to our Spa Facilities for the day. Please note there are no food or drinks included in this package.

FACIAL THERAPIES

Power Breakfast Facial Express Facial for all skin types - 30 Minutes - £35

If you are looking for quick results, need to look your best and don't have much time, this one is for you. We have taken all the ingredients that you would find in a healthy breakfast, containing oats, honey and fruit juices, to create this revitalising facial. Includes a deep power cleanse, nutritious mask and wonderful scalp massage. Now you are ready!

My Kinda Skin Facial Bespoke prescription facial for individual skin types - 60 Minutes - £60

Are you the sensitive type? Classic combination? Dreadfully dry? Perhaps you don't know. Let us analyse your skin and prepare a wonderful treatment using products specifically for your skin type. Just relax and we'll do the rest. This gorgeous facial includes a face mask, lymph drainage and face and scalp massage. You will feel amazing and your skin will look so, so good.

Mediterranean Marinade Facial A calming facial for sensitive or delicate skin - 60 Minutes - £60

A totally luxurious facial packed with fresh ingredients and vitamin boosters that will leave the skin, body and mind smoothed and soothed. Designed also to reduce the effects of sun, stress or fatigue. Following a deep cleanse, your skin is softened and tenderised with a unique Temple Spa marinade, lymph drainage and tranquil face massage. A deeply relaxing experience not to be missed.

Purification Facial

A deeply cleansing & relaxing facial for oily, congested, blemished skin - 60 Minutes - £60

Sometimes your skin just needs a good spring clean – you know those times when it feels congested, a bit over spotty, dull and pores are in need of a good vacuum? This is the solution. A professional deep cleanse that leaves your complexion feeling squeaky clean, un-clogged and fresh as a daisy. A combination of a gently purging facial and scalp massage that will have you emerging feeling positively purified.

Repose Aromatherapy Facial Relaxing, indulgent facial for all skin types - 75 Minutes - £80

This indulgent aromatherapy facial is infused with generous anti-inflammatory ingredients and will soothe, calm and nourish a tired, irritated or unhappy complexion. A divine treatment that begins with lymph draining techniques, followed by a relaxing, tranquil face and scalp hot oil massage. Pure Bliss.

The Totally Quenched & Drenched Facial

Rehydrating facial for thirsty skin - 75 Minutes - £80

The ultimate in anti-ageing, this lavish facial is a must for dehydrated or neglected skin and is designed to leave it looking radiant and fresh. Combining powerful antioxidants to help fight the ageing process and loss of elasticity in the skin, this divine treatment includes a cryogenic mask which gives a cooling effect and aids the infusion of the goodness of the mask. It also includes Temple Spa's intense eye therapy and eye massage with a rather special secret remedy to encourage deep hydration and eliminate fine lines. And if it isn't enough, we also use lifting massage techniques and lymph drainage. You could call it a facial iron!

Windows of The Soul Divine eye treatment - 30 Minutes - £35

Perfect for when you look tired, this treatment is designed for the delicate eye area that needs special attention. Using intensive formulations and 'cold therapy' to tighten and tone the eye area, plus specialised eye massage techniques to lift, smooth and revitalise. This is the one to put the sparkle back into your eyes.

Champagne & Truffles Deluxe Treatment

The Crème de la Crème of Radiance Facials - 60 / 90 minutes £70/£90

This luxury facial combines our award winning truffle formulas with a deep double cleansing ritual, a glycolic resurfacing peel, a skin de-stressing alginate mask & cold stone therapy followed by a unique skin lifting & muscle firming massage. The visible result is ironed out deep lines & wrinkles, firmer feeling & toned skin, reduced puffiness & youthful radiance with a supreme healthy glow. Enjoy a glass of prosecco & some chocolates in our relaxation room after this very special treatment.

Enhance Your Facial – Popular Side Orders

STRESSED OUT? Enjoy our 15 minute hot stone neck and shoulder treatment - £15

SPRING IN YOUR STEP? Want a spring in your step? Select our 15 minute indulgent foot ritual - £15

ELEMIS BIOTEC FACIALS

Elemis Biotec Facials combine Touch & Technology to deliver highly effective, super charged electric facial treatments.

Line Eraser

30, 60 or 90 minutes - £42, £75 or £90

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerful rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.

Firm-A-Lift

30, 60 or 90 minutes - £42, £75 or £90

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

Skin Resurfacer

30, 60 or 90 minutes - £42, £75 or £90

This revolutionary and clinically proven facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. Ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

BODY SCRUBS & WRAPS

I'll Be Back A facial for the back - 45 Minutes - £45

Following an invigorating skin exfoliation with SUGAR BUFF Mediterranean scrub, warm purifying mud is smoothed all over your back for a deeply cleansing treatment. Heated fragrance infused mitts are used to remove the mask before a stimulating massage, leaving you energised and with a back to be proud of.

The Outer Glow Face & body exfoliation - 45 Minutes - £45

Using our unique SUGAR BUFF body scrub, we polish your body and exfoliate your face with BREAKFAST SMOOTHIE. This invigorating and refreshing all over treatment leaves the skin top-to-toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Go and glow!

Glorious Mud Skin conditioning & detoxifying mud wrap - 60 Minutes - £60

Using the finest blends of ingredients for detoxifying and purification of the body, this treatment starts with top-to-toe body brushing to encourage lymphatic flow. The body is then smoothed with warm vitamin and mineral rich mud which helps nourish and purify the skin. Once cocooned in a cosy wrap the relaxation process is then taken to another level with a glorious face and scalp massage. You wouldn't believe wallowing in mud could feel so good!

Go Figure A firming, toning, tightening body detox treatment - 60 Minutes - £65

Course of 6 for £350, includes a FREE full size GO FIGURE!

This is the one if you need a bit of help with the wobbly bits! Your treatment commences with brushing and sloughing movements to stimulate lymphatic flow. Hips, thighs and abs are treated to a detoxifying massage, using targeted techniques, followed by an intensive marine and earth mud wrap to continue the good work. Finally, a friction rub with GO FIGURE anti cellulite gel completes the treatment. You will feel invigorated and clothes should be that bit looser. One treatment is fab, a course of six is amazing!

Cashmere & Truffles Body Treatment Total Body Rejuvenation - 60 minutes - £80

This indulgent treatment combines an invigorating, radiance boosting body exfoliation followed by a skin transforming treat with our luxurious TRUFFLE BODY MASSAGE OIL & a layer of our award winning BODY TRUFFLE Crème. Skin is left feeling cashmere soft & revived, beautifully fragrant & ready for the red carpet.

MEDITERRANEAN MASSAGE

Relaxing Drift Away Massage

Back, Neck and Shoulder - 30 Minutes - £35 | Full body massage - 60/90 minutes - £60/£85

This is our really relaxing top to toe massage formulated with a dreamy blend of essential oils guaranteed to have you drifting away. We will wind you down and take your mind off your thoughts. The 90 minute massage also includes a relaxing spa head massage.

Energizing In Good Spirits Massage

Back, Neck and Shoulder - 30 Minutes - £35 | Full body massage - 60/90 minutes - £60/£85

An invigorating massage designed to leave you full of vitality. We use IN GOOD SPIRITS a gorgeous blend of Mediterranean essential oils that are carefully chosen to stimulate and refresh the skin, body & soul. The clever massage movements encourage circulation and stimulate the whole body. Your aching muscles will feel eased and soothed, guaranteed to restore and revive you top to toe. The 90 minute massage also includes a relaxing spa head massage.

Detoxing Work It Out Massage

Back, Neck and Shoulder - 30 Minutes - £35 | Full body massage - 60/90 minutes - £60/£85

A detoxing massage that will sculpt the body, relieve fluid retention and work out tired muscles using the ingenious WORK IT OUT detox oil. We perform a really deep tissue body boosting massage with special techniques to really give your muscles a work out, working on knots, tensions, tightness and helping the detox process. Detox-licious! The 90 minute massage also includes a relaxing spa head massage.

Rose Quartz & Truffles Body Massage

Total Body Relaxation - 60/90 minutes - £80/£120

This indulgent treatment will leave you feeling totally relaxed from top to toe with our skin transforming massage using our unique TRUFFLE BODY MASSAGE OIL. Skin is left feeling restored & radiant & you, oh so relaxed!.

OAKS MASSAGE TREATMENTS

Bamboo Massage

30/60 Minutes - £35/£60

This specialised massage technique uses bamboo canes throughout to deeply stretch and massage the body. This unique massage releases muscle tension and tightness, improves the circulation and lymphatic flow to aid detoxification of the body, has a regenerating and revitalising effect and leaves the body feeling deeply relaxed.

Rocks of The Mediterranean Hot Stones Massage 75 Minutes - £75

This popular thermal stone massage is a glorious treatment using warm basalt lava stones to massage the body from head to toe, harnessing the touch of the stone and the influence of the heat to create an aura of warmth. The muscles are relaxed and rejuvenated in a sensation unique to stone massage. It's an experience you just have to have at least once in your life.

The Oaks Scalp Massage

30 Minutes - £35

This treatment commences with our unique welcome ritual, a deep cleanse and tone of the face and then a neck shoulder and face massage. The main scalp massage then promises total relaxation.

Enhance Your Massage – Popular Side Orders

SECRET EYE? Want to look less tired? Discover our 15 minute secret eye remedy - £15

SPRING IN YOUR STEP? Want a Spring In Your Step? Select our 15 minute indulgent foot ritual - £15

SIGNATURE SPA EXPERIENCES

All of the below treatments include Spa Access 9.30am to 5.30pm. Already an Oaks Member? Enjoy a glass of Prosecco after your treatment.

Mediterranean Float The fully loaded skin luxe facial & body duo - 90 Minutes - £90

Packed with delicious ingredients this double deluxe all over treatment will leave you looking and feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with the iconic Mediterranean body scrub, prior to a full body moisturise in one of our signature Mediterranean Body Balms to soften and hydrate. Totally smoothed and soothed skin, head to toe.

My Kinda Mood A prescription facial & massage bespoke to you - 120 Minutes - £120

Not sure how to spend the next couple of hours? Firstly we'll chat about how you are feeling, skin, body & soul and ensure the correct aromas are matched to your mood. Then we'll take care of you with a wonderful relaxing and restorative full body massage followed by an indulgent facial. We will select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.

The Serious Detox The ultimate detox package - 120 Minutes - £120

If you are serious about detoxing this is the one for you. We have put together the perfect combination to cleanse and detoxify. We commence by exfoliating the whole body. The hips, thighs & abs are treated to a detoxifying massage using targeted techniques, followed by a stimulating marine and earth mud wrap. We finish with a facial to detox and brighten your skin to leave you thoroughly rejuvenated and supported in your quest to get in shape.

VIP Golden Truffle Experience

Luxe Top to Toe Face & Body Treatment - 120 minutes - £150

The ultimate in total luxury. This treatment delivers all over radiance boosting results starting with a leg energiser & an invigorating full body scrub followed by a relaxing massage using our unique advanced anti-ageing body techniques, both tightening & toning. Add to this our Champagne & Truffles Deluxe Facial & Skin is left glowing, brighter & revived beyond expectation.

Shape & Polish Manicure / Pedicure

20 Minutes - £17

Your nails will be filed to your desired shape followed by an application of your chosen nail polish.

Classic Manicure / Pedicure 45 Minutes - £28

Replenish your skin with essential moisture with this hand or foot treatment. This therapy helps maintain the skin on the hands or feet. Cuticle work, exfoliating, moisturising and conditioning help renew and revitalise. The treatment is completed with a nail polish application of your choice.

Long Lasting Gel Manicure/Pedicure with IBX 60 Minutes - £32

Long lasting gel nail colour with zero risk of smudging, giving you instantly dry high gloss colour. Includes cuticle work, moisturising and conditioning, the perfect on the go manicure or pedicure. This manicure gel treatment also includes a coating of the revolutionary IBX Protective Nail Shield under the gel which leaves your nails continuously shielded and conditioned.

Perfect Sense Paraffin Wax Hand or Foot Treatment 75 Minutes - £55

A luxurious treatment to promote healing and soothe muscle and joint pain, infused paraffin from Perfect Sense takes the healing qualities of paraffin wax a step further by delivering 11 vitamins including A,C,D,E,B-5 and B-12 to the skin. Through heat and hydration, antioxidant paraffin nutrients vital to healthy skin hydrate and protect from dryness, cracking, soreness and irritation. This fantastic treatment includes with cuticle work, exfoliation, paraffin application with Perfect Sense wax infused booties or mitts, moisturising and conditioning and finishing with a nail colour of your choice.

AAAHHH!! Leg & foot energiser 30 Minutes - £35

Don't you just hate it when your legs & feet beat like drums? This oh-so-good treatment is instant relief for over worked limbs. It begins with skin brushing to help eliminate excess fluids, followed by a warm oil massage that will leave you tingling and finally an invigorating rub with AAAHHH! Wonderful to add to another treatment.

HANDS AND FEET

Nail Extensions

1 Hour 45 Minutes - £40

Thin, light, natural looking extensions with a gel colour of your choice.

Extension Infills

75 Minutes - £30

Recommended every 2 weeks.

Gel Removal

45 Minutes - £15

A gentle soak off for Gel Lacquer.

“Gel Break” Removal & Polish

60 Minutes - £32

Gel removal & a Nail Nourishing Treatment using the new OPI Gel Break Formula. The perfect in between treatment for nails that are maybe a little tired from constant gel applications. Choose from 3 subtle shades.

At Home Gel Removal Kits

£10.50

Available from reception

ALL THE EXTRAS

Kissed By Mii Full Body Exfoliation & Lotion 60 Minutes - £38

A treatment in itself, incorporating a full body exfoliation followed by an application of this moisturising tanning lotion, rich in marine minerals it leaves the skin feeling soft and deeply nourished not to mention radiantly healthy. Timing includes drying time.

Kissed By Mii Full Body Exfoliation & Spray Tan 45 Minutes - £30

Let our therapist exfoliate away the dry skin before applying our popular moisturising Spray Tan, rich in Marine Minerals. Timing includes drying time.

Kissed By Mii Spray Tan 30 Minutes - £24

Our therapist will apply our popular moisturising Spray Tan, rich in Marine Minerals. Timing includes drying time.

SVS Nouveau Lash Extensions 75 Minutes - £55

By applying multiple lash extensions onto each natural lash, we create seriously impressive volume. SVS results look gorgeously full, giving depth & volume without coming across as strongly styled or heavy.

2 Week Lash Infill 45 Minutes - £20 | **3 Week Lash Infill** 60 Minutes - £25

Waxing

Full Leg Wax 45 Minutes - £22

Half Leg Wax 30 Minutes - £15

Full Leg & Bikini Wax 60 Minutes - £30

Bikini Wax 15 Minutes - £10

Underarm Wax 15 Minutes - £10

Lip or Chin Wax 10 Minutes - £8

Lip & Chin Wax 15 Minutes - £10

Brow Tint 15 Minutes - £8

Lash Tint 20 Minutes - £15

Brow & Lash Tint 30 Minutes - £15

Eyebrow Threading 20 Minutes - £15

Lip or Chin Threading 20 Minutes - £15

Lip & Chin Threading 30 Minutes - £17

ALL THAT'S MII MAKE UP

Mii with Minerals

30 Minutes - £20

Minerals are the perfect choice for sensitive or problem skin, or if you're just looking for 100% natural make up that produces beautiful results. Want to use minerals but don't know where to start? We'll show you how to apply and work with mineral powders for a purely flawless radiance.

Show Mii

30 Minutes - £20

Name your dilemma and let Mii solve it. Whether you choose to focus on blusher secrets, lipstick tricks or hints for eyes, we'll share trusted techniques and colours to enhance your natural beauty.

Complete Mii

1 Hour - £50

Let us create a total transformation! Following a full consultation we'll fulfill your beauty wishes, not only will you leave looking fabulous but you will even learn some tricks of the trade along the way. Perfect for a special occasion.

Bridal & Prom Packages at The Oaks

Speak to our Team for a tailor made package for your special day. All packages include a trial & we can even travel to your home on your special day! Email info@theoaksgolfclub.co.uk or call direct on 01757 288577.

PREGNANCY DAYS

Suitable for 13 weeks and over.

Pick 60 min of treatments from the below list and enjoy full use of our spa facilities (9.30am to 5.30pm) hot drink on arrival & lunch. A robe, slippers and toiletries will also be in your locker.

Power Breakfast Facial (30 min).

My Kinda Skin Facial (60 min).

Back Neck & Shoulder Massage - adapted (30 min).

Oaks Scalp Massage (30 min).

Aaahh!! Leg & Foot Energizer (30 min).

File & Polish Manicure (30 min).

File & Polish Pedicure (30 min).

Gel Manicure / Pedicure (60 min).

NB - Please note that not all our Spa Facilities are suitable for Pregnancy.

Heat experiences are to be avoided.

A full treatment consultation will take place before your treatment & the therapist will only commence if they are happy that there is no risk to Mother or Baby.

MENS SELECTION

Go Guy Male Executive Facial - 60 Minutes - £60

This macho facial is perfect to revive, refresh and invigorate. Your skin will be revitalised with a deep brush cleanse, a choice of lifting or tranquil massage, compression massage and exfoliating mask. Aching neck muscles will be massaged, worry lines smoothed and headaches soothed. You'll feel glad you gave us an hour of your time.

Relaxing Drift Away Massage

Back, Neck and Shoulder - 30 Minutes - £35 | Full body massage - 60/90 minutes - £60/£85

This is our really relaxing top to toe massage formulated with a dreamy blend of essential oils guaranteed to have you drifting away. We will wind you down and take your mind off your thoughts. The 90 minute massage also includes a relaxing spa head massage.

Energizing In Good Spirits Massage

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Detoxing Work It Out Massage

Back, Neck and Shoulder - 30 Minutes - £35 | Full body massage - 60/90 minutes - £60/£85

A detoxing massage that will sculpt the body, relieve fluid retention and work out tired muscles using the ingenious WORK IT OUT detox oil. We perform a really deep tissue body boosting massage with special techniques to really give your muscles a work out, working on knots, tensions, tightness and helping the detox process. Detox-licious! The 90 minute massage also includes a relaxing spa head massage.

Back Wax 20 minutes - £15 **Chest Wax** 20 minutes - £15 **Eyebrow Wax** 15 minutes - £8

SIDE ORDERS & TERMS & CONDITIONS

Delightful treats to add onto your main treatment. All £15

Have you ever had a treatment and thought to yourself 'I wish I could have a little more? Well now you can! Here we present a lovely selection of options to add onto your main treatment. These can be added to any facial, massage or body treatment.

STRESSED OUT? Enjoy our 15 minute hot stone neck and shoulder treatment

HEAVY HEAD? Head feeling heavy and uptight? You will love our 15 minute sedating scalp massage.

LOVE YOUR HANDS? Love your hands being pampered? Select our 15 minute indulgent hand ritual

SPRING IN YOUR STEP? Want a spring in your step? Select our 15 minute indulgent foot ritual

SECRET EYE Want to look less tired? Discover our 15 minute secret eye remedy

Terms & Conditions

Treatments: All treatments are subject to availability. The management of The Oaks reserves the right to cancel/move/substitute treatments in the event that they are unable to fulfil the customers original request.

Booking: No provisional booking can be made. Spa Days and treatments to the value of £40 or more require a 50% deposit payable at time of booking. No firm booking contract exists until the company has issued confirmation of the booking.

Price & Payment The price is specified in the published price list. The price includes Value Added Tax at the rate applicable on the day. Cash, cheques supported by current Bankers Card, MasterCard, Visa & Switch are accepted. American Express cards are not accepted.

Cancellation by Guests: Provided the cancellation is effected at least 7 days before the confirmed booking date a full refund of the deposit will be made, this will be offered in the form of a gift voucher which is valid for 12 months. If the booking is cancelled within 48 hours The Oaks will be entitled to retain the deposit. If a booking is changed to another date within 48 hours of the confirmed original date the deposit paid will be transferred to the new date.

Cancellation by The Oaks: The Oaks cannot accept liability for cancellation due to circumstances outside their control. If such circumstances arise The Oaks reserves the right to cancel the contract and refund all sums paid by guests or offer other such alternative arrangements.

Valuables: Guests who bring valuables such as jewellery, do so entirely at their own risk. Guests are strongly advised to ensure in their own interests that all valuables are properly covered by their own insurance.

Children: Users of The spa must be 16 or over. We regret that infants & toddlers are not allowed in The Spa. Treatments are offered to clients aged 12 or over however clients aged between 12 & 15 must be accompanied by an adult.

Please note that the times stated in our brochure include pre treatment consultation, hands on treatment time and post relaxation.



The Oaks

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